

## **Introduction Form**

Thank you for setting up a time to meet. So that I can understand you more, in 1-2 paragraphs, please answer the following questions and send them to <u>pastorjason.trinity@hotmail.com</u> before your first session.

If this is for marriage or family counseling, each individual should complete their own form.

- 1. What brings you in for counseling?
- 2. Have you been to any kind of counseling for anything before? If so, what was helpful and what wasn't?
- 3. What do you hope to get out of our time together?